



## La Fascinante Medicina Mente-Cuerpo: de Lego Para Lego (Paperback)

By Pablo Luis Mainzer

Createspace, United States, 2010. Paperback. Book Condition: New. 229 x 152 mm. Language: Spanish . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.El tema y el objetivo del autor son tanto mayores que su mera cualificación, que ya, ya el lector abandonara cualquier vestigio de resistencia, para hacer una sabrosa incursión al fascinante mundo de la interacción mente y cuerpo. A través de pesquisas a lo largo de años y constataciones prácticas en su propia vida, el autor demuestra su profunda convicción de que somos una máquina perfecta, donde todo debe estar en armonía: lo mental, lo físico, el psiquismo y el organismo. De lo alto de sus noventa años de edad, teniendo pasado por situaciones adversas a lo largo de su conturbada vida: fuga de una Alemania nazista; separación de los padres cuando aún adolescente; enfrentamiento del cáncer que mató su esposa, además de tener mismo enfrentado y superado un cáncer -- apenas manteniendo mucho equilibrio emocional, obtenido con la práctica persistente de la meditación. De donde se puede concluir: lego, sí, mas con la debida autoridad de quien experimento mucha cosa. Y tanto cree el autor en el poder de la mente sobre el cuerpo y su sistema...



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